

CONFERENCE PACKAGES MENU SELECTOR

MENU OPTION 1

(V) = Suitable for vegetarians



CENTURY CITY
CONFERENCE CENTRE

ARRIVAL

- + Yoghurt and muesli pot (V)
- + Mash avo, scrambled egg and chive topped with hollandaise (V)
- + Berry flavored smoothies (V)

MID-MORNING

- + Pulled roast shoulder of lamb with mini pittas and cucumber rialto
- + Vegetable, sundried tomato and mascarpone cheese sub (V)
- + Seasonal fruit with berries (V)

HARVEST LUNCH

COLD

- + Mixed baby lettuce, crunchy cucumber and smoked beef
- + Snoek and apple pate with melba toast
- + Rocket, camembert, exotic tomato, goats' cheese and fig confit (V)
- + Savory couscous, grilled butternut, pumpkin seeds and micro herbs (V)

MAIN/HOT

- + Peppered beef fillet medallions glazed with white onion green peppercorn sauce and baby roast potato
- + A duo of salted and peppered calamari and breaded prawns with remoulade Sauce
- + Parmesan coated baked Deboned thigh chicken
- + Coconut and chickpea curry with pilaf rice and coriander chutney (V)

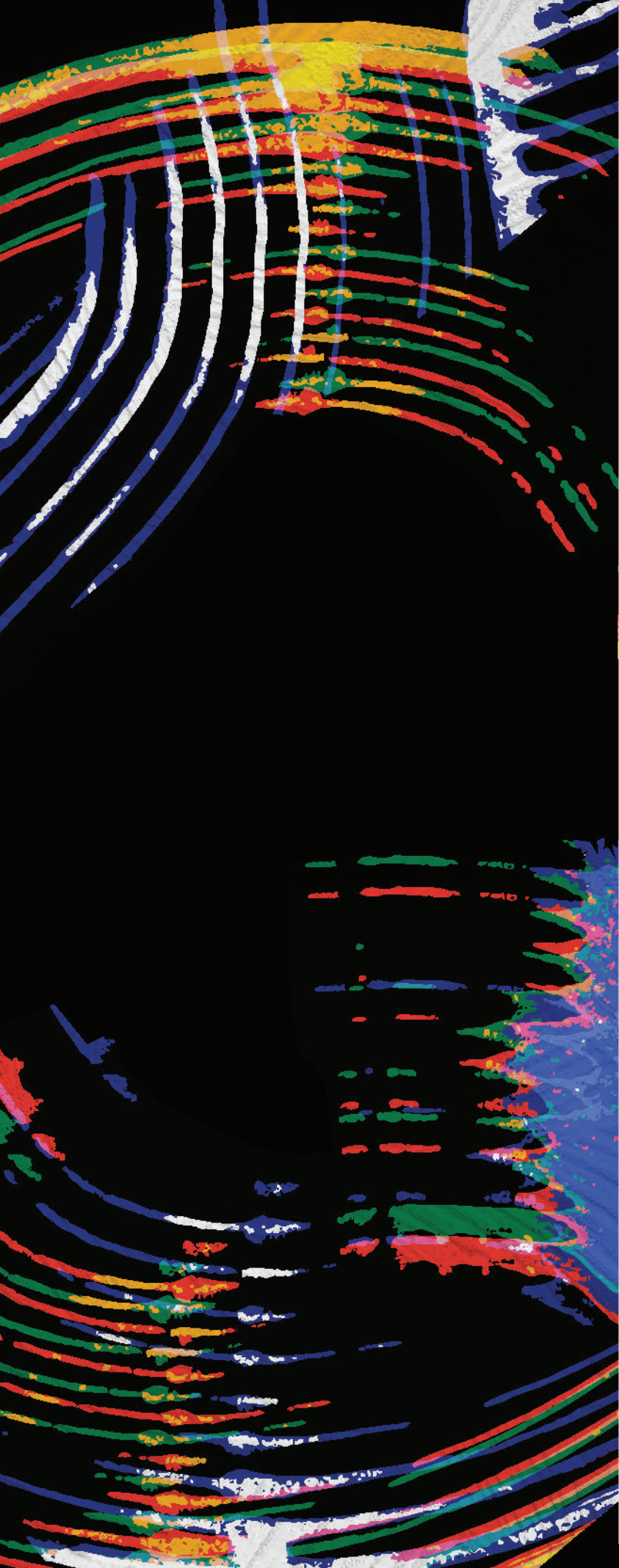
COCKTAIL DESSERTS

- + Marcells frozen yoghurt
- + Malva filled with milk tart and crème anglaise

MID-AFTERNOON

- + Pistachio nut cookies
- + Sweet success popcorn

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CONFERENCE PACKAGES MENU SELECTOR

MENU OPTION 2

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CENTURY CITY
CONFERENCE CENTRE

ARRIVAL

- + Mini muesli and fruit trifle (V)
- + Macon and egg bake glazed with mozzarella
- + Seasonal whole fruits (V)

MID-MORNING

- + Braised Chicken and Leek puff pastry wraps
- + Mushroom and mozzarella cheese Arancini (V)
- + Peanut butter and banana smoothie (V)

HARVEST LUNCH

COLD

- + Roasted cauliflower bowl, toasted sesame. humus and quinoa, green bean and tomato salsa (V)
- + Bowtie pasta, smoke chicken slicers, sliced peach and curry mayonnaise
- + Red cabbage slaw, Spinach Chiffonade cranberries and ponzu vinaigrette
- + Mini Greek salad (V)

MAIN/HOT

- + Soya and ginger marinated Lamb Cutlets with sweetened butternut
- + Duo of linefish and Norwegian Salmon with caper- lemon onion and coriander salsa
- + Butter Chicken Curry, Jasmine rice and condiments
- + Tagliatelle pasta with truffle oil and fresh exotic mushrooms (V)
- + Seasonal baby greens consisting of snap peas, broccoli and fine green beans (V)

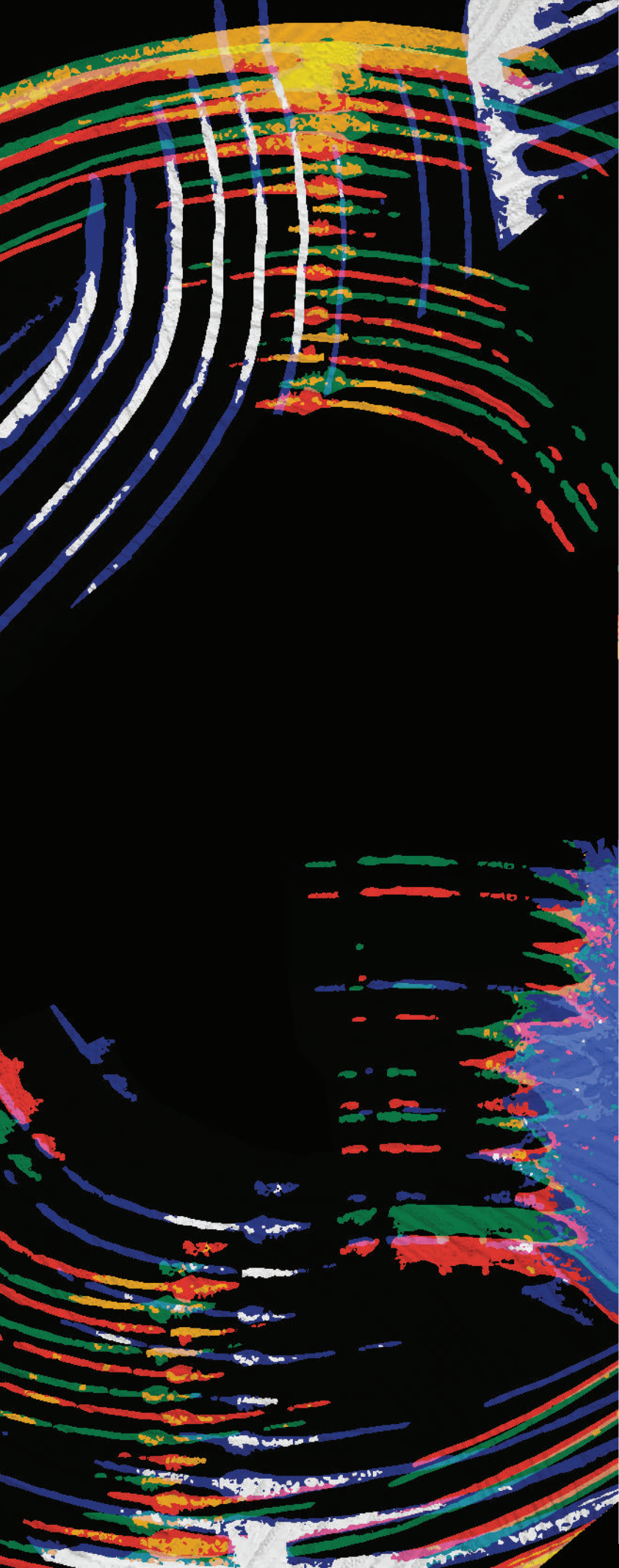
COCKTAIL DESSERTS

- + Marcells frozen yoghurt
- + Lemon meringue Cremieux

MID-AFTERNOON

- + Sweet success popcorn
- + Peppermint Choc Chip Brownie

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CONFERENCE PACKAGES MENU SELECTOR

MENU OPTION 3

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CENTURY CITY
CONFERENCE CENTRE

ARRIVAL

- + Assorted baked mini muffins cups (V)
- + Birtcher muesli, grated apple and raisin and cinnamon (V)
- + Egg Shakshouka, tomato and pepper based

MID-MORNING

- + Breakfast bagels with smoked salmon and crème fraiche
- + Homemade Bobotie roti, Blatjang
- + Vegetable rice paper springrolls (V)

HARVEST LUNCH

COLD

- + Asian egg noodles and crispy julienne vegetables teriyaki sauce (V)
- + Broccoli, green peas and snap peas green herb dressing (V)
- + Green salad, avocado slices and cucumber slices and beansprouts (V)
- + Smoke salmon poke bowls with lemon vinaigrette

MAIN/HOT

- + Mini Sirloin Pickled Masala Roasted Quarter with Potato
- + Grilled Chicken Breast, Citrus Chilli sauce
- + Basmati rice (V)
- + Panfried linefish with Spinach Risotto
- + Vegetable phyllo bake (V)

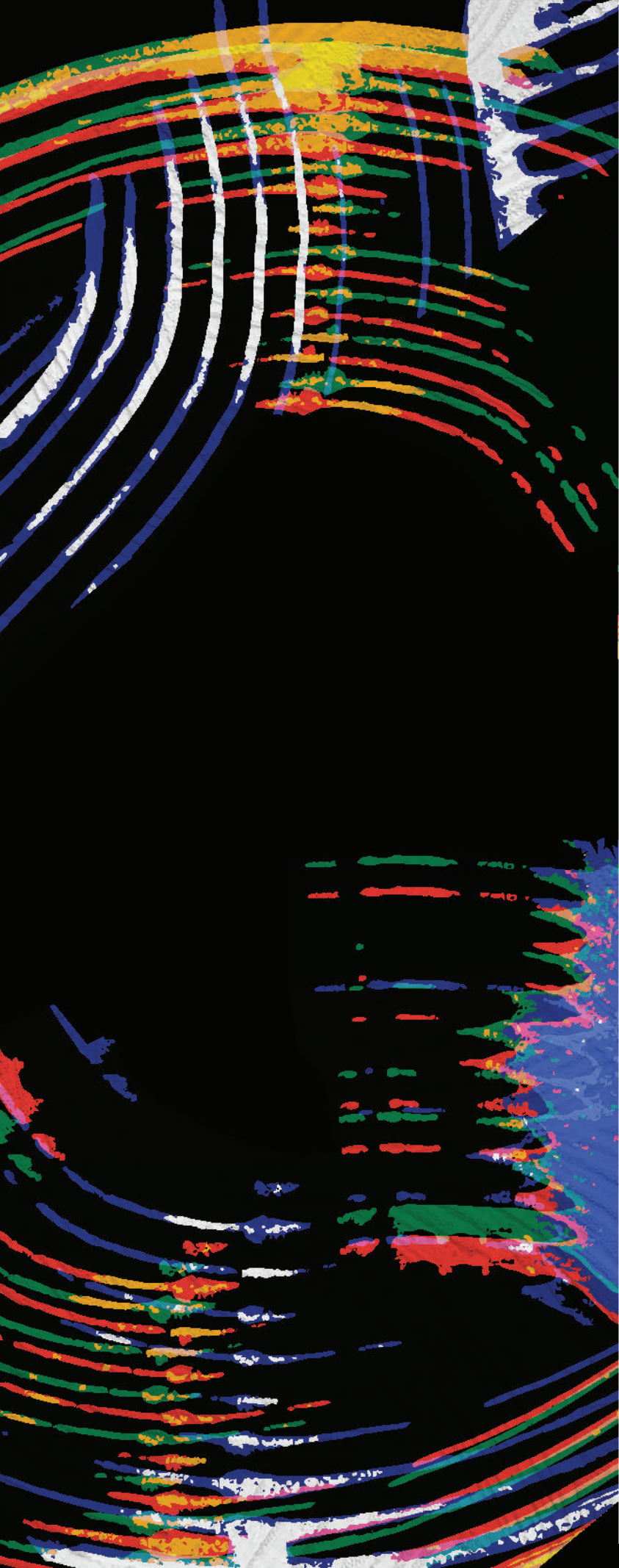
COCKTAIL DESSERTS

- + Marcells frozen yoghurt
- + Nutella and raspberry profiteroles

MID-AFTERNOON

- + Almond short bread biscuits
- + Selection of sweets

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CONFERENCE PACKAGES MENU SELECTOR

MENU OPTION 4

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CENTURY CITY
CONFERENCE CENTRE

ARRIVAL

- + Poached egg, toasted English Muffins with bearnaise sauce (V)
- + Yoghurt fruit trifle (V)
- + Smoothies of the day (V)

MID-MORNING

- + Variety of Cape Malay Samosa (V)
- + Chicken sourdough open sandwiches
- + Smoked salmon and cream cheese sourdough open sandwiches
- + Peanut butter and banana cookie (V)

HARVEST LUNCH

- COLD
- + Baby cos, avocado caper egg and shaved Grana Padano creamy herb dressing (V)
 - + Roasted vegetable in balsamic and olive oil (V)
 - + Beef strips with Asian vegetables and egg noodles salad

- MAIN/HOT
- + Braised short rib
 - + Tempura fried fish, lemon aioli
 - + Butter chicken curry
 - + Savoury rice (V)
 - + Roasted seasonal vegetables (V)

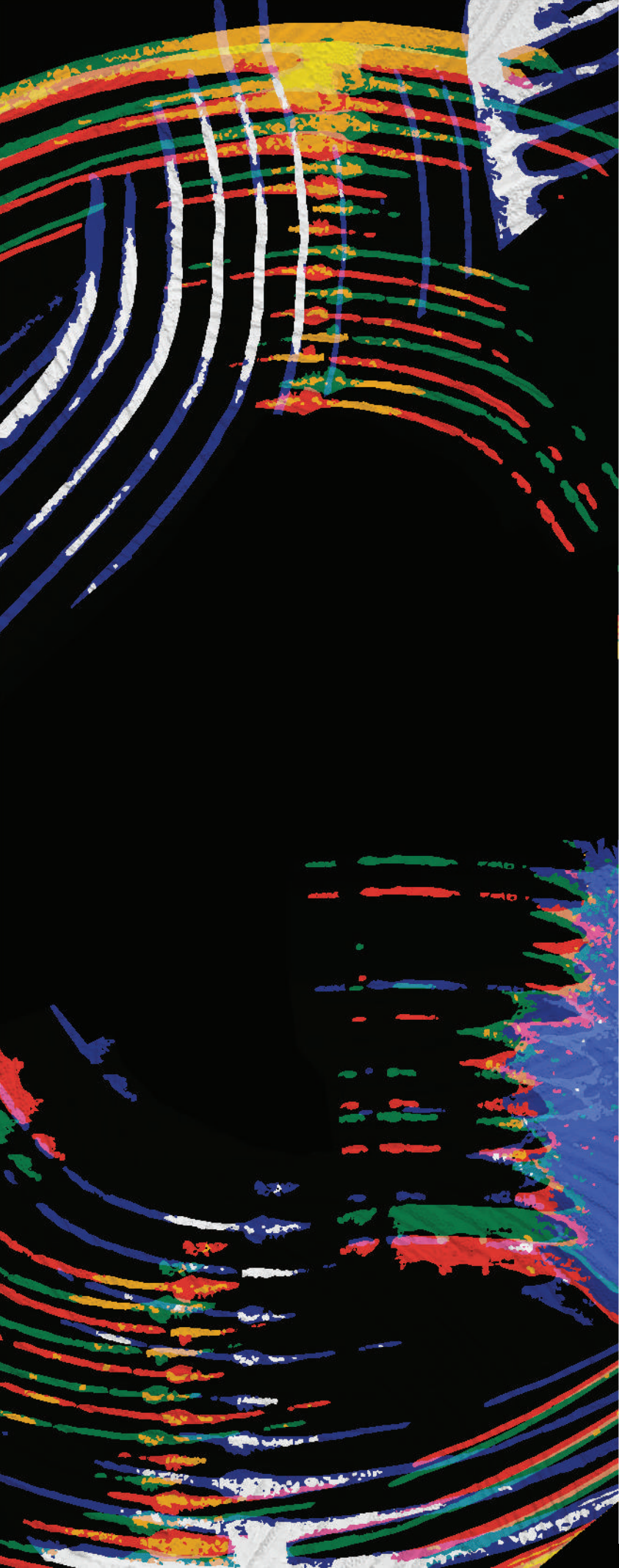
COCKTAIL DESSERTS

- + Marcels frozen yoghurt
- + Nutella and white chocolate mousse

MID-AFTERNOON

- + Apricot and peanut clusters
- + Sweet success and popcorn

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CONFERENCE PACKAGES MENU SELECTOR

MENU OPTION 5

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CENTURY CITY
CONFERENCE CENTRE

ARRIVAL

- + Soft scrambled egg cups (V)
- + Fruit cups with granadilla coulis (V)
- + Sweet muffins (V)

MID-MORNING

- + Grilled vegetable skewers (V)
- + Mini assorted pies
- + Cheese and jalapeno rissoles (V)

HARVEST LUNCH

- COLD
- + Greek salad skewers (V)
 - + Smoked chicken with bowtie pasta and corn salad (V)
 - + Beetroot cubes feta with red onion and couscous (V)

- MAIN/HOT
- + Roast lamb rump with diced buttered potato
 - + Prego infused baked deboned chicken thighs and mini roti
 - + Potato gnocchi with peas and sundried tomato (V)
 - + Brinjal, courgettis and tomato (V)
 - + Seared linefish with asparagus and fennel salsa

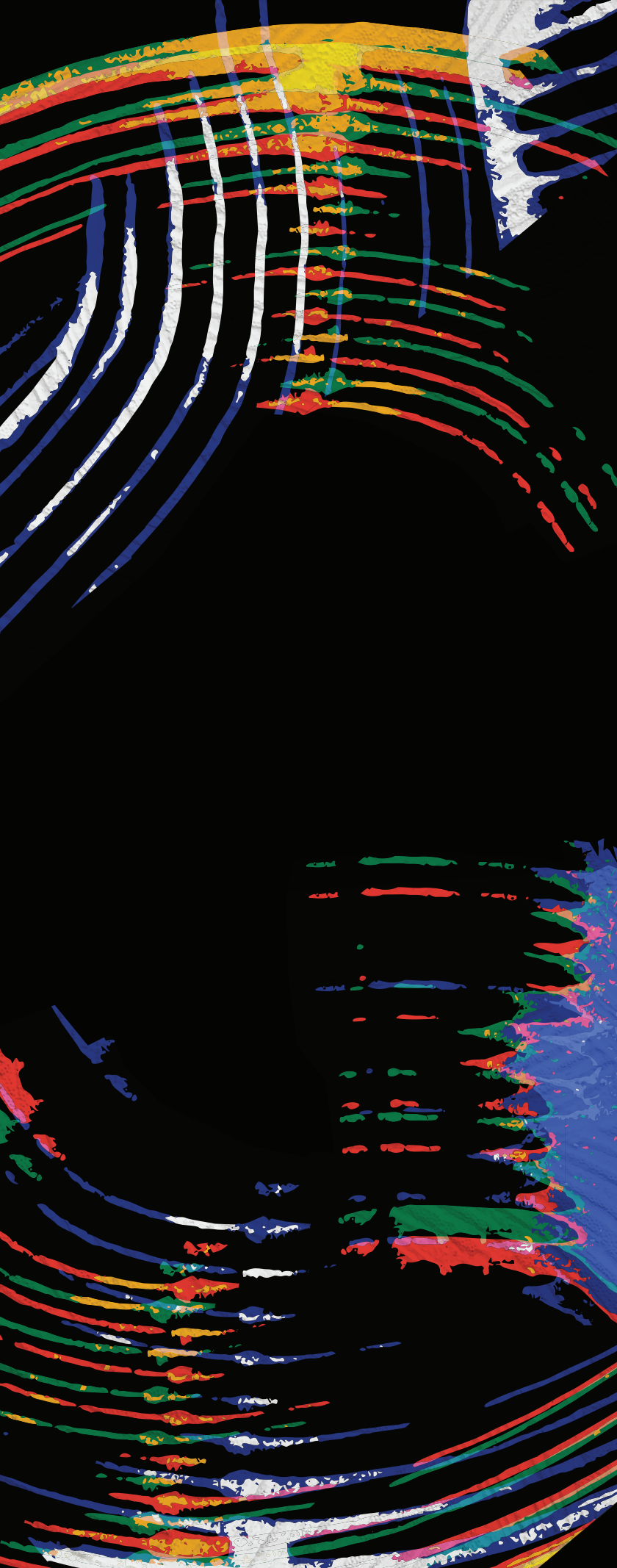
COCKTAIL DESSERTS

- + Marcells frozen yoghurt
- + Apricot filling with vanilla crumble meringue nests

MID-AFTERNOON

- + Pistachio cookies
- + Sweet success popcorn

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CONFERENCE PACKAGES MENU SELECTOR

MENU OPTION 6

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CENTURY CITY
CONFERENCE CENTRE

ARRIVAL

- + Smoothie of the day (V)
- + Oatmeal cranberry cookies dipped in white chocolate (V)
- + Breakfast trifle - fresh fruit salad, Granola Muesli and Greek Yoghurt (V)
- + Burrito eggs spinach wraps (V)

MID-MORNING

- + Granola Seed Bar (V)
- + Lemon and thyme roasted chicken mayonnaise ciabatta
- + Finger cucumber sandwiches (V)

HARVEST LUNCH

- COLD
- + Mixed baby lettuce accompanied by cocktail tomato, feta cheese, calamata olives and sliced onion (V)
 - + Rocket, camembert, exotic tomato, goats cheese and fig confit (V)
 - + Sliced crispy duck with sesame oil dressing and fresh coriander, red onion, julienne vegetables

- MAIN/HOT
- + Baby piquant lamb stew
 - + Grilled Linefish, lemon and fennel butter cream
 - + Seared Cajun chicken breast pepper dew and sundried tomato with a paprika sauce
 - + Assorted roasted vegetables (V)
 - + Potato Gnocchi, shredded spinach (V)

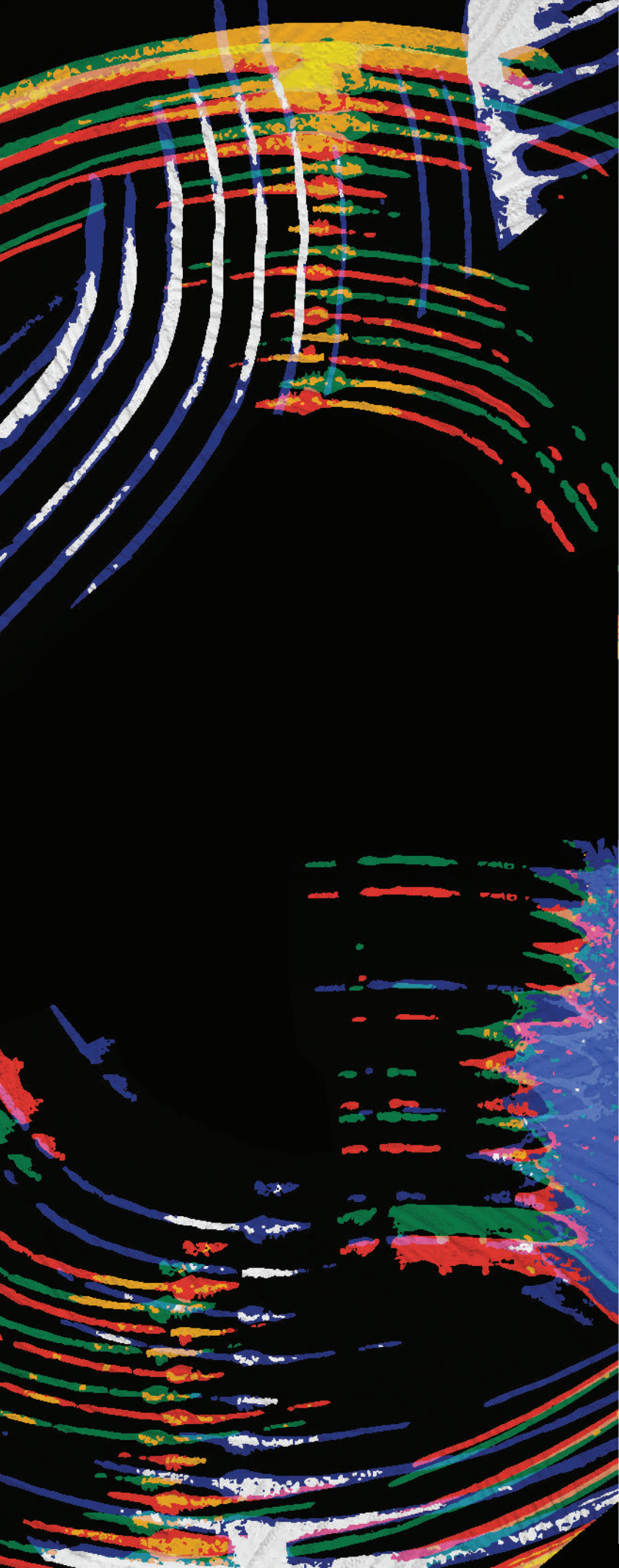
COCKTAIL DESSERTS

- + Marcells frozen yoghurt
- + Salted caramel and vanilla panna cotta

MID-AFTERNOON

- + Sweet success
- + Lemon frangipane with cream cheese

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CONFERENCE PACKAGES MENU SELECTOR

MENU OPTION 7

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CENTURY CITY
CONFERENCE CENTRE

ARRIVAL

- + Lemon and blueberry overnight oats (V)
- + Muesli bars (V)
- + Seasonal fruit pops (V)
- + Potato and asparagus frittata (V)

MID-MORNING

- + Tortilla wraps filled with humus and grilled vegetables (V)
- + Whole grain baguette with 3 cheeses, tomato and basil pesto (V)
- + Mini beef sausage rolls with tomato chutney dip

HARVEST LUNCH

- COLD
- + Mixed baby salad (V)
 - + Roasted zucchini bocconcini and sundried tomato (V)
 - + Steamed prawn, avocado with lemon dressing

- MAIN/HOT
- + Hot BBQ chicken pieces
 - + Miso baked linefish with saffron lemon butter sauce
 - + Coconut Thai Chickpea Curry served with Basmati rice (V)
 - + Roasted rump tail with natural jus and herb and butter corn

COCKTAIL DESSERTS

- + Marcells frozen yoghurt
- + Sour cherry and lemon mini cupcakes

MID-AFTERNOON

- + Oreo and roasted hazel nut cupcakes
- + Sweet success popcorn

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